



Crossroads High School Retreat 2019

Windy Ridge Retreat Center, PA

Who is this trip for?

- High school students (male and female) in grades 9-12.

Timing:

- **Friday January 18**
 - Meet at St. Paul's to pull out at 6pm (be here by 545)
- **Monday January 21**
 - Return to St. Paul's around Noon.

Cost (\$75 total)

- \$50 Deposit is due to Crossroads Oct. 21. \$25 final payment is due Nov. 18. Non-refundable unless someone will take your place on the trip. You can bring the full amount on Oct. 21 if you wish.
- Limited scholarships available - contact Spencer to discuss at spencer@stpaulsepc.org or 814-350-0024.

What are we doing?

- We'll be hanging out in a massive lodge on 300 acres. The lodge has a game room, giant fireplace and tons of trails and places to explore outside. We'll be sledding, playing outside, having our classic tournament night and just enjoying being with one another.
- Your retreat cost also includes a visit to the brand new Canonsburg PA Skyzone just south of Pittsburgh.
- Lunch and a day of adventure in Pittsburgh
- We'll also plan to do some snowshoeing and possibly ice skating on this giant property weather permitting.

Why should you come?

- It's gonna be super fun.
- You'll be surrounded by folks who desire to know and follow Jesus.
- You'll get a chance to check out a sweet retreat spot, and an awesome new trampoline park.
- You'll make new friends and chill with old ones.

SPACE IS LIMITED - SIGN UP ONLINE TODAY TO HOLD YOUR SPOT.

Packing List (please bring the following items)

- 4 tshirts
- 2 jeans/sweatpants
- 1 pair shorts (for trampoline park)
- 4 underwear
- 1 long sleeve t shirt
- 1 sweatshirt
- 1 set of snow clothes (snow pants + jacket)
- 1 pair tennis shoes
- Snow boots
- Several pairs of warm socks
- Sleeping Bag and Pillow
- Towel
- Toiletries
 - deodorant
 - soap and shampoo
 - washcloth
 - toothbrush and toothpaste
- YOUR MEDICATIONS (please include information on dosage and frequency, medications will be collected and given by leaders at designated times)
- Permission Slip
- Bible and pen
- Ice Skates if you have
- Snowshoes if you have
- \$15 dollars for lunch in Pittsburgh
- A sled if you've got one you're willing to share.

Crossroads Permission Slip

Name _____ Phone _____

Address _____

City/ State/Zip _____

I give my permission for my child to join Crossroads Youth Ministry for a High School Retreat. I understand that my child will travel by van to and from the retreat location, as well as traveling throughout the surrounding area during the trip. I also understand that my child will have the opportunity to participate in potentially hazardous winter sports.

I hereby release Crossroads Youth Ministry and St. Paul's Presbyterian Church, its staff and sponsors, for responsibility and liability for any injury or illness that my child may sustain during this activity. **Initial:** _____

In the event of an emergency, I hereby authorize the adult leader of this activity, as an agent for me, to consent to any X-ray examination; medical, dental or surgical diagnosis; treatment; and hospital care advised and supervised by a physician, surgeon, or dentist (as appropriate) licensed to practice under the laws of the state where the services are rendered, either at a doctor's office or in any hospital. I expect to be contacted as soon as possible.

Parent Signature _____ Date _____

Allergies _____

Pertinent medical concerns _____

Emergency Contact:

If I am unable to be reached, I give permission for the following to be contacted. They have my authority to give permission for medical care and treatment.

Contact #1

Name: _____ Phone: _____

Relationship: _____

Contact #2

Name: _____ Phone: _____

Relationship: _____